

# Psychiatric Mental Health Nurse Practitioner (PMHNP)

This specialty master's program (<https://www.apu.edu/nursing/programs/msn-np/>) prepares students as psychiatric mental health nurse practitioners for clients with psychiatric and mental health problems across the lifespan. Graduates are prepared to work respectfully and collaboratively with clients/consumers who are experiencing severe or chronic mental illnesses to determine biopsychosocial healthcare needs within a complex and changing environment. Theory and clinical coursework focus on assessment; differential diagnosis and disease management; intervention planning; individual, family, and group psychotherapy; health promotion; and disease prevention.

The inherent equality and worthiness of those who are vulnerable and disenfranchised, the role of spirituality, the value of diversity, and the ability to engender hope, empowerment, self-responsibility, and a meaningful role in life are threaded throughout the program. Graduates are eligible to apply to the California Board of Registered Nursing (<https://www.rn.ca.gov/>) for certification as a nurse practitioner, and may apply for national PMHNP certification through examination.

## Requirements

Code	Title	Units
<b>Academic Core Courses</b>		<b>10</b>
GNRS 504	Bioethics and Healthcare Policy	3
GNRS 506	Spiritual Concept Analysis in Health Care	3
GNRS 508A	Research and Theory in Advanced Practice Nursing	4
<b>Advanced Practice Core Courses</b>		<b>14</b>
GNRS 510	Family Theory in Health Care	2
GNRS 513	Advanced Nursing Practice Role	2
GNRS 610	Advanced Pathophysiology	3
GNRS 611	Advanced Pharmacology	3
GNRS 612	Advanced Health Assessment and Diagnostic Reasoning <sup>1</sup>	4 (3/1)
<b>Advanced Practice Specialty Courses</b>		<b>29</b>
GNRS 533	Psychiatric Theories across the Life Span	2
GNRS 534	Integrated Psychiatric and Health Assessment across the Life Span	2
GNRS 535	Psychiatric Interventions and Health Promotion across the Life Span	6 (3/3)
GNRS 536	Psychiatric Mental Health Care with Adults and Older Adults	6 (3/3)
GNRS 537	Psychiatric Mental Health Care with Children and Adolescents	6 (3/3)
GNRS 538	Psychiatric Mental Health Care with Selected Populations	5 (2/3)
GNRS 539	Psychopharmacology	2
<b>Concluding Course(s)</b>		<b>1-3</b>
GNRS 597	Comprehensive Examination Directed Study	1
- or -		
GNRS 598 & GNRS 514	Thesis and Research Proposal Writing	3
<b>Total required for the MSN with PMHNP</b>		<b>54-56</b>

<sup>1</sup> Units shown in parentheses are classroom/clinical units.

## Admission

University graduate admission and program-specific requirements must be met before an application is complete (see Admission to the University (<http://catalog.apu.edu/admissions/>)). **Program-specific application requirements are available online (<https://www.apu.edu/graduateprofessional/apply/>).**

International students should contact Graduate and Professional Admissions (<https://www.apu.edu/graduateprofessional/apply/>) for application procedures.