

MA in Physical Education with the Adapted Physical Education Specialist Credential

For more information: (626) 815-6176

The Master of Arts in Physical Education with the Adapted Physical Education Specialist Credential (<https://www.apu.edu/programs/masters-in-physical-education-adapted-pe-credential/>) is designed for teachers who wish to teach adapted physical education at the pre-K-12 and/or community college levels. The program combines the curricula of the adapted physical education specialist credential program and the master's degree program to deliver a unique, comprehensive education package. Upon completion, the graduate will earn the Adapted Physical Education Specialist Credential (<http://catalog.apu.edu/academics/college-nursing-health-sciences/school-health-sciences/kinesiology/adapted-physical-education-added-authorization/>) and a Master of Arts in Physical Education.

Per the California Commission on Teacher Credentialing (<https://www.ctc.ca.gov>), the Adapted Physical Education Specialist Credential (APESC) may be added to a Single Subject Credential in Physical Education, a Multiple Subject Credential, or an Education Specialist Credential. Individuals holding a Multiple Subject Credential or an Education Specialist Credential may meet this physical education subject-matter competence requirement in one of two ways:

- (Acceptable Option) Providing evidence of passing all sections of the CTC-approved California Subject Examinations for Teachers (CSET) in Physical Education prior to admission to the APESC program; or
- (Recommended Option) Completing 12 units of upper-division and/or graduate coursework in motor development, kinesiology, and other relevant physical education topics, as determined and approved by the APESC program coordinator or director. This coursework must be completed as a prerequisite to admission to the APESC program. All coursework is subject to approval by the program coordinator or director. Courses must be passed with a grade of B or better.

The following 3-unit classes are available to meet this prerequisite: KIN 551, KIN 596, KIN 597, and KIN 598.

Requirements

The 15-unit specialist credential portion of the program includes 12 units of core coursework and 3 units of fieldwork in adapted physical education. The Master of Arts in Physical Education includes 6 units of core coursework, 6 units of physical education, coaching, administration, and health science coursework, and 3 units of capstone coursework. Students may concurrently complete adapted physical education and MA in physical education coursework. Students may not enroll in more than 7 units per 8-week term. KIN 585 is completed after all other adapted physical education and MA in Physical Education coursework is fulfilled.

Graduate physical education students must maintain a cumulative GPA of 3.0 (B) or better, and may not earn lower than a 2.7 (B-) in any KIN core or content course. Students who earn below a 2.7 (B-) in a KIN core or elective course must retake the course and achieve the minimum GPA requirement.

Code	Title	Units
Adapted Physical Education Core Courses		
KIN 600	Physical Education Teaching Methods for Individuals with Mild to Moderate Disabilities	3
KIN 602	Physical Education Teaching Methods for Individuals with Severe to Profound Disabilities	3
KIN 604	Motor Assessment for Students Living with Disabilities	3
KIN 605	Management of Adapted Physical Education Programs	3
Fieldwork Courses ¹		
KIN 606A	Field Experience in Adapted Physical Education	1
KIN 606B	Field Experience in Adapted Physical Education	2
Master of Arts in Physical Education Core Courses		
KIN 551	Curriculum Theory and Design in Physical Education	3
KIN 582	Research and Theory in Kinesiology	3
KIN 585	Capstone in Kinesiology ²	3
Master of Arts in Physical Education Elective Courses		
Select two of the following:		6

KIN 555	Sociological and Ethical Issues in Sport
KIN 560	Sports Medicine
KIN 565	Athletics and the Law
KIN 570	Leadership and Administration of Physical Education and Athletic Programs
KIN 575	Principles of Physical Conditioning in Sport and Physical Education
KIN 578	Sport Psychology

Total Units**30**

¹ KIN 606A and KIN 606B must be completed consecutively after all other adapted physical education coursework is completed. May be completed concurrently with KIN 585.

² KIN 585 is completed in the final term of the program.

Admission

University graduate admission and program-specific requirements must be met before an application is complete (see Admissions Information (<http://catalog.apu.edu/admissions/>)). **Program-specific application requirements are available online (<https://www.apu.edu/graduateprofessional/apply/>).**

International students should contact Graduate and Professional Admissions (<https://www.apu.edu/graduateprofessional/apply/>) for application procedures.

Program Learning Outcomes

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Students who successfully complete this program shall be able to:

1. Identify students with disabilities who may qualify for APE services.
2. Demonstrate knowledge and application of kinesiology and motor development as it pertains to individuals with disabilities.
3. Identify the disability categories, as identified in IDEA or under section 504 plan, and apply these to the characteristics present by the student.
4. Demonstrate the knowledge and application of scientific principles of exercise and movement. This includes an understanding of the impact of disease, medication, and musculoskeletal and neurological conditions on the physiological and biomechanical performance of individuals with disabilities.
5. Demonstrate instructional strategies and adaptations for attaining individualized measurable goals for individuals with disabilities throughout the lifespan, using sage and developmentally appropriate physical education in a variety of settings.
6. Understand and apply Christian perspectives and Biblical truths to Physical Education and Sport.
7. History and Philosophy of Physical Education: Synthesize the history and philosophy of Physical Education and how it interacts with the current discipline.
8. Physical Education Fieldwork/Curriculum Assessment: Demonstrate proficiency in the development and evaluation of curriculum in Physical Education and Sport.
9. Leadership and Administration in Physical Education and Sport: Apply the concepts and theories of administration, organization, programming, evaluation and leadership in Physical Education and Athletic Administration and sport management.
10. Psychology, Sociology, and Ethics in Physical Education, Administration and Sport: Apply psychology, sociology, and ethical theories and practices in Physical Education, Athletic Administration, and Sport management.
11. Demonstrate the ability to critically analyze research, develop a research project, and write following APA standards.