

BS in Kinesiology

Program Learning Outcomes

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Students who successfully complete this program shall be able to:

1. Develop an understanding of our Biblical responsibility regarding the care of the human body.
2. Demonstrate proficiency in principles of kinesiology.
3. Design and implement exercise programs for a variety of populations and settings.
4. Evaluate movement patterns and physical fitness using effective assessment techniques.
5. Analyze issues in exercise science using an evidence-based approach.
6. Explain how psycho-social factors influence personal health, wellness, and performance.
7. Interact professionally with a variety of constituents, such as students, clients, patients and colleagues.