

Minor in Adapted Physical Activity

18 units

The adapted physical activity minor provides undergraduate students with education and experience working with individuals with disabilities. Students learn how to modify and adapt skills and activities to promote a lifetime of physical activity and wellness, and gain valuable experiences while preparing for a career in occupational therapy, physical therapy, physical education, special education, or adapted physical education. This program also serves as excellent preparation for APU's teaching credential and Adapted Physical Education Added Authorization (<http://catalog.apu.edu/academics/college-nursing-health-sciences/school-health-sciences/kinesiology/adapted-physical-education-added-authorization/>) to gain a competitive advantage in the job market.

Requirements

Code	Title	Units
PE 325	Motor Development and Learning	3
PE 451	Methods in Physical Education: 7-12 ¹	3
PE 452	Adapted Physical Education	3
PE 600	Physical Education Teaching Methods for Individuals with Mild to Moderate Disabilities	3
PE 602	Physical Education Teaching Methods for Individuals with Severe to Profound Disabilities	3
PE 605	Management of Adapted Physical Education Programs	3
Total Units		18

¹ Meets the General Education Integrative and Applied Learning requirement.

Completing Graduate-Level Courses as an Undergraduate Student

Coursework for the minor in adapted physical activity includes three graduate-level courses. In order for undergraduate students to enroll in these courses, the following conditions must be met:

- Must be a senior with a cumulative GPA of 3.0 or higher.
- Must obtain approval from the graduate program director or graduate department chair.
- Must obtain approval from the department chair of his/her undergraduate major.
- Must submit the Graduate/Professional Courses Taken by Undergraduate Students form provided by the Student Services Center (<https://www.apu.edu/student-services/registration/#ugforms>).
- No more than 9 units earned as an undergraduate may be counted toward an APU graduate degree.
- Must complete a Certificate of Clearance (COC) before enrolling in the graduate courses.