

General Education Requirements for Traditional Undergraduate Students

The APU Core: Pathways to Flourishing

APU's general education (GE) program is titled The APU Core: Pathways to Flourishing and has three components: Pursuing Wisdom, Preparing to Serve, and Living Out God's Love. The APU Core leads students on a transformational journey that prepares them to impact the world for Christ.

Biblical and Theological Formation Minor

Six of the required courses within the APU Core constitute an 18-unit minor in biblical and theological formation (<http://catalog.apu.edu/academics/college-arts-humanities-theology-sciences/school-theology/biblical-studies-theology-ministry/biblical-theological-formation-minor/>). Students who wish to receive the minor must fill out a form (<https://www.apu.edu/student-services/registration/#forms>) to officially declare it.

Traditional Undergraduate GE Policies

Students are required to access their Academic Requirements Report (through home.apu.edu (<https://home.apu.edu>), under the Academics section) to ensure they are on track to satisfy their GE requirements. For more information, visit the APU Core resource websites for students (<https://sites.google.com/apu.edu/apucorestudent/>) or faculty and staff (<https://sites.google.com/apu.edu/apucore/home/>). Any questions should be directed to the Academic Success Center (<https://www.apu.edu/academic-success/>).

- Certain GE requirements may be waived (<http://catalog.apu.edu/academics/general-education/>) based on courses taken at other institutions, the total number of units transferred to APU, or completion of Cal-GETC, IGETC, CSU Breadth, or an ADN.
- A course listed in two categories cannot satisfy both requirements; students must choose which requirement the course will fulfill.
- **Bachelor of Music majors** are not required to take the Fine Arts, Cultivating Wellness, Oral Communication, Quantitative Reasoning, or Ancient or Modern Language requirements.
- Students who complete the **Honors humanities major** are considered to have completed all of their GE requirements. Students who complete only part of the Honors humanities major will be granted GE credit according to the Honors Course Equivalency policy (<http://catalog.apu.edu/academics/general-education/honors-equivalency/>).

Requirements

I. Overview

| Code | Title | Units |
|------------------------------|-----------------------|-----------|
| Pursuing Wisdom | | 27 |
| | Bible and Theology | |
| | Humanities | |
| Preparing to Serve | | 21 |
| | Core Competencies | |
| | Scientific Inquiry | |
| Living Out God's Love | | 6 |
| | Seeking Shalom | |
| | Calling and Character | |
| Total Units | | 54 |

II. Requirements

A. Bible and Theology

The 15 units of Bible and theology courses listed here, together with CORE 450 Calling and Character listed under "Living Out God's Love," constitute an 18-unit biblical and theological formation minor contained within the APU Core. Students who wish to receive this minor must submit a form to officially declare it (see link above).

| Code | Title | Units |
|----------------------|---|-------|
| CORE 100 | Cornerstones ¹ | 3 |
| SOT 150 | Understanding the Old Testament: Creation, Covenant, Exile, Restoration ² | 3 |
| SOT 200 | Understanding the New Testament: Christ, Redemption, Community, New Creation ³ | 3 |
| SOT 250 | Theology and the Christian Life ⁴ | 3 |
| Upper-Division Bible | | 3 |

| | |
|--------------------|-----------|
| Total Units | 15 |
|--------------------|-----------|

¹ MIN 108 Christian Life, Faith, and Ministry (from the prior GE program) may be substituted for CORE 100.

² UBBL 100 Introduction to Biblical Literature: Exodus/Deuteronomy (from the prior GE program) may be substituted for SOT 150.

³ Alternatively, SOT 241 or SOT 242 may be taken to satisfy this requirement. In addition, UBBL 230, UBBL 235, or UBBL 240 Luke/Acts (from the prior GE program) may be substituted for SOT 200, SOT 241, or SOT 242, respectively.

⁴ THEO 200, THEO 301, THEO 352, THEO 354, or HUM 325 (from the prior GE program) may be substituted for SOT 250.

B. Humanities

Students who enter APU with fewer than 30 transfer units are required to take a Visions of the Good Life course (ART 150, HIST 150, ENGL 150, or PHIL 150) to satisfy exactly one of the four humanities requirements (Fine Arts, History, Literature, or Philosophy). For students who enter APU with at least 30 transfer units, a Visions of the Good Life course is an *optional* way to satisfy one of the humanities requirements.

| Code | Title | Units |
|--------------------|-------|-----------|
| Fine Arts | | 3 |
| History | | 3 |
| Literature | | 3 |
| Philosophy | | 3 |
| Total Units | | 12 |

C. Core Competencies

| Code | Title | Units |
|---|---|-----------|
| CORE 101 | Cultivating Wellness: Building Habits for Lifelong Well-Being ^{1, 2} | 2 |
| WRIT 110 | The Art and Craft of Writing | 3 |
| Oral Communication | | 3 |
| Quantitative Reasoning | | 3 |
| Intercultural Competence | | 3 |
| Ancient or Modern Language ³ | | |
| Total Units | | 14 |

¹ CORE 101 is required only for students who enter APU with fewer than 60 transfer units.

² GE 100 First-Year Seminar (from the prior GE program) may be substituted for CORE 101.

³ Ancient and Modern Language is a proficiency requirement that may be met with a qualifying score on an OPIc, SAT, AP, CLEP, or FLATS exam or by completing an APU language course numbered 102 or higher.

D. Scientific Inquiry

| Code | Title | Units |
|--------------------|-------|----------|
| Natural Science | | 4 |
| Social Science | | 3 |
| Total Units | | 7 |

E. Living Out God's Love

| Code | Title | Units |
|--------------------|-------------------------------|----------|
| CORE 250 | Seeking Shalom Seminar | 3 |
| CORE 450 | Calling and Character Seminar | 3 |
| Total Units | | 6 |

III. Course Options

A. Bible and Theology

The 15 units of Bible and theology listed here, together with CORE 450 Calling and Character listed below under “Living Out God’s Love,” constitute an 18-unit biblical and theological formation minor contained within the APU Core. Students who wish to receive this minor must submit a form to officially declare it.

| Code | Title | Units |
|--|---|-----------|
| CORE 100 | Cornerstones ¹ | 3 |
| SOT 150 | Understanding the Old Testament: Creation, Covenant, Exile, Restoration ² | 3 |
| SOT 200 | Understanding the New Testament: Christ, Redemption, Community, New Creation ³ | 3 |
| or SOT 241 | Understanding the New Testament through a Latinx Lens | |
| or SOT 242 | Understanding the New Testament through an Africana Lens | |
| SOT 250 | Theology and the Christian Life ⁴ | 3 |
| Upper-Division Bible ⁵ | | 3 |
| Select one of the following: | | |
| SOT 340 | The Rise of the King: I and II Samuel | |
| SOT 341 | Old Testament Prophets | |
| SOT 342 | Ruth and Esther | |
| SOT 343 | Psalms and Wisdom | |
| SOT 344 | Life and Teachings of Jesus | |
| SOT 345 | The Gospel and Letters of John | |
| SOT 346 | Romans and Galatians | |
| SOT 347 | Thessalonian and Corinthian Epistles | |
| SOT 348 | Biblical Lands and Cultures | |
| SOT 349 | Near Eastern Archaeology | |
| SOT 351 | Archaeological Field Excavation | |
| Total Units | | 15 |

¹ MIN 108 Christian Life, Faith, and Ministry (from the prior GE program) may be substituted for CORE 100.

² UBBL 100 Introduction to Biblical Literature: Exodus/Deuteronomy (from the prior GE program) may be substituted for SOT 150.

³ UBBL 230, UBBL 235, or UBBL 240 Luke/Acts (from the prior GE program) may be substituted for SOT 200, SOT 241, or SOT 242, respectively.

⁴ THEO 200, THEO 301, THEO 352, THEO 354, or HUM 325 (from the prior GE program) may be substituted for SOT 250.

⁵ 400-level SOT Bible courses may also count toward meeting the APU Core: Upper-Division Bible general education requirement, but may require special permission from the Department of Biblical Studies, Theology, and Ministry. Contact the department for more information.

B. Humanities

Students who enter APU with fewer than 30 transfer units are required to take a Visions of the Good Life course (ART 150, HIST 150, ENGL 150, or PHIL 150) to satisfy exactly one of the four humanities requirements (Fine Arts, History, Literature, or Philosophy). For students who enter APU with at least 30 transfer units, a Visions of the Good Life course is an *optional* way to satisfy one of the humanities requirements.

| Code | Title | Units |
|------------------------------|--|----------|
| Fine Arts | | 3 |
| Select one of the following: | | |
| ART 105 | Ceramics I | |
| ART 145 | Drawing I | |
| ART 150 | Visions of the Good Life | |
| ART 151 | Introduction to Art | |
| ART 160 | Photography I | |
| ART 310 | Fundamental Art Experiences | |
| ART 354 | History of Ancient Art and Architecture | |
| ART 357 | History of Contemporary Art and Architecture | |
| ART 361 | History of Early Christian and Medieval Art and Architecture | |
| ART 362 | History of Renaissance to Rococo Art and Architecture | |
| ART 403 | Multicultural Art | |

| | |
|------------|---|
| CINE 275 | History of Television and Digital Media |
| CINE 285 | History of Film |
| DSGN 115 | Using Digital Media in a Visual World |
| HUM 223 | Core Texts in Aesthetics |
| or HUM 323 | Core Texts in Aesthetics |
| MUS 120 | Music Fundamentals |
| MUS 121 | Music Theory I |
| MUS 395 | History of Film Music |
| THTR 110 | Introduction to Acting |
| THTR 115 | Introduction to Theater |
| THTR 273 | Acting Shakespeare |

History 3

Select one of the following:

| | |
|------------|---|
| HIST 120 | World Civilizations to 1648 |
| HIST 121 | World Civilizations Since 1648 |
| HIST 150 | Visions of the Good Life |
| HIST 151 | United States History to 1877 |
| HIST 152 | United States History Since 1877 |
| HIST 201 | World Civilizations and Geography to 1648 |
| HUM 221 | Core Texts in History |
| or HUM 321 | Core Texts in History |
| MUS 455 | Late Romantic and 20th-Century Music Literature (Bachelor of Music Majors only) |

Literature 3

Select one of the following:

| | |
|------------|--|
| ENGL 111 | Studies in Literature |
| ENGL 150 | Visions of the Good Life |
| ENGL 222 | English Literature to 1789 |
| ENGL 224 | World Literature to the Renaissance |
| ENGL 232 | English Literature Since 1789 |
| ENGL 234 | World Literature Since the Renaissance |
| ENGL 244 | American Literature to 1865 |
| ENGL 254 | American Literature Since 1865 |
| HUM 222 | Core Texts in Literature |
| or HUM 322 | Core Texts in Literature |
| SPAN 332 | Literary Masters |

Philosophy 3

Select one of the following:

| | |
|------------|----------------------------|
| PHIL 100 | Introduction to Philosophy |
| PHIL 150 | Visions of the Good Life |
| HUM 224 | Core Texts in Philosophy |
| or HUM 324 | Core Texts in Philosophy |

Total Units **12**

C. Core Competencies

| Code | Title | Units |
|------------------------------|---|----------|
| CORE 101 | Cultivating Wellness: Building Habits for Lifelong Well-Being ^{1, 2} | 2 |
| WRIT 110 | The Art and Craft of Writing | 3 |
| Oral Communication | | 3 |
| Select one of the following: | | |
| BUSI 120 | Business Communications | |
| COMM 111 | Public Communication | |

| | |
|------------------------------------|--|
| CS 120 & CS 290 & CS 480 | Introduction to Computer Science I and Database Management Systems and Senior Capstone Project |
| CS 120 & ENGR 240 & ENGR 480 | Introduction to Computer Science I and Digital Logic Systems and Senior Design Project II |
| SPAN 420 | Public Speaking in Spanish |
| THTR 200 & THTR 250 | Beginning Voice for the Actor and Intermediate Voice for the Actor |

Quantitative Reasoning 3

Select one of the following:

| | |
|----------|--|
| BUSI 111 | Business Statistics |
| MATH 110 | College Algebra |
| MATH 115 | Mathematics in Society |
| MATH 130 | Introduction to Statistics |
| UNRS 299 | Statistics and Data Management for Nursing and Health Care |

Intercultural Competence 3

Select one of the following:

| | |
|----------|--|
| BUSI 370 | International Business |
| CINE 351 | Film and Social Issues |
| CINE 451 | World Cinema |
| COMM 260 | Intercultural Communication ³ |
| EDLS 405 | Diversity in the Classroom |
| ENGL 364 | American Ethnic Literature |
| ETHN 150 | Introduction to Ethnic Studies |
| ETHN 355 | The Asian American Experience |
| ETHN 356 | The African American Experience |
| ETHN 357 | The Chicano(a)/Latino(a) Experience |
| ETHN 358 | Native American/Indigenous Experience |
| GLBL 201 | Anthropology for Everyday Life |
| GLBL 260 | Intercultural Communication |
| GLBL 318 | Immigration and Integration |
| HIST 235 | Cultural History/Travel Study ³ |
| HIST 346 | History of American Immigration |
| HUM 201 | Intercultural Knowledge and Competence |
| MKTG 260 | Principles of Marketing |
| MUS 201 | Introduction to World Music |
| MUS 302 | Soul Music |
| PSYC 400 | Multicultural Psychology |
| SOC 235 | Race and Ethnicity |
| SOC 358 | Human Diversity |
| SOCW 275 | Social Justice Foundations for Human Rights |
| SOT 260 | World Religions |
| SOT 313 | Intercultural Ministries |
| SOT 425 | Race, Reconciliation, and Ministry |
| SOT 476 | Global Christianity |
| SOT 482 | Theology from the Margins |
| SPAN 301 | Spanish Conversation and Community |
| TESP 503 | The Soul of Teaching: Tapestry of American Education |
| THTR 225 | History of Theater |
| UNRS 383 | International Health Nursing ³ |
| UNRS 384 | Urban/Rural Health Nursing |
| UNRS 386 | Population and Community Health Nursing |

Ancient or Modern Language ⁴

Select one of the following:

| | |
|------------------------|---|
| ASL 101 & ASL 102 | American Sign Language I and American Sign Language II |
| CHIN 101 & CHIN 102 | Elementary Chinese I and Elementary Chinese II |
| FREN 101 & FREN 102 | Elementary French I and Elementary French II |
| GERM 101 & GERM 102 | Elementary German I and Elementary German II |
| SOT 201G & SOT 202G | Elementary Greek I and Elementary Greek II |
| SOT 203G & SOT 204G | Elementary Classical Greek I and Elementary Classical Greek II |
| SOT 201H & SOT 202H | Elementary Hebrew I and Elementary Hebrew II |
| JAPA 101 & JAPA 102 | Elementary Japanese I and Elementary Japanese II |
| SOT 201L & SOT 202L | Elementary Latin I and Elementary Latin II |
| MODL 101 & MODL 102 | Modern Language I and Modern Language II |
| SPAN 101 & SPAN 102 | Elementary Spanish I and Elementary Spanish II ³ |
| SPAN 103 & SPAN 104 | Elementary Spanish I for Healthcare Professionals and Elementary Spanish II for Healthcare Professionals |
| TESL 101 & TESL 102 | English for Academic Purposes I and English for Academic Purposes II |

Total Units**14**¹ CORE 101 is required only for students who enter APU with fewer than 60 transfer units.² GE 100 First-Year Seminar (from the prior GE program) may be substituted for CORE 101.³ This course is available through one or more of the APU Study Away semester programs. See full program options at GE and Study Away (<https://sites.google.com/a/apu.edu/apu-general-education/ge-and-study-away/>).⁴ Ancient or Modern Language is a proficiency requirement that may be met with a qualifying score on an OPIc, SAT, AP, CLEP, or FLATS exam or by completing an APU language course numbered 102 or higher. APU language courses are listed here for reference.**D. Scientific Inquiry**

| Code | Title | Units |
|------------------------------|--|----------|
| Natural Science | | 4 |
| Select one of the following: | | |
| BIOL 101 | Biology and Society ¹ | |
| BIOL 151 | General Biology I | |
| BIOL 231 | Human Anatomy and Physiology II | |
| BIOL 325 | Humans and the Environment | |
| CHEM 101 | Chemistry and Society | |
| CHEM 123 | General, Organic, and Biological Chemistry for the Health Sciences | |
| CHEM 151 | General Chemistry I | |
| PHYC 112 | Science and Technology for Everyday Applications | |
| PHYC 155 & PHYC 145 | Physics for Life Sciences I and Physics Laboratory I | |
| PHYC 165 & PHYC 145 | Physics for Science and Engineering: Mechanics and Physics Laboratory I | |
| Social Science | | 3 |
| Select one of the following: | | |

| | | |
|--------------------|--|----------|
| CJ 110 | Introduction to Criminal Justice | |
| ECON 200 | Survey of Economics | |
| ECON 250 | Principles of Macroeconomics | |
| GLBL 465 | Globalization and Development | |
| MGMT 211 | Organizational Leadership | |
| MGMT 212 | Managing Diverse Teams and Groups | |
| PSYC 110 | General Psychology | |
| PSYC 290 | Human Growth and Development | |
| PSYC 345 | Psychology of Child and Adolescent Development | |
| SOC 120 | Introduction to Sociology | |
| TESP 502 | Science of Teaching I: How Students Learn | |
| Total Units | | 7 |

¹ This course is available through one or more of the APU Study Away semester programs. See full program options at GE and Study Away (<https://sites.google.com/a/apu.edu/apu-general-education/ge-and-study-away/>).

E. Living Out God's Love

| Code | Title | Units |
|--------------------|-------------------------------|----------|
| CORE 250 | Seeking Shalom Seminar | 3 |
| CORE 450 | Calling and Character Seminar | 3 |
| Total Units | | 6 |

Program Learning Outcomes

Program Learning Outcomes

Students who successfully complete this program shall be able to:

1. Develop a biblically grounded and critically engaged worldview as they integrate faith, learning, and living in pursuit of wisdom and true flourishing.
2. Grow in character and virtue by engaging in reflective practices and spiritual disciplines, developing biblically informed values, pursuing holistic well-being, and relating to others with humility and compassion.
3. Discern their calling by exploring their gifts and passions and considering how they might contribute to God's redemptive mission in the world.
4. Develop critical and creative capacities by identifying reliable sources, interpreting texts, evaluating arguments, solving problems, and engaging with artistic expression.
5. Apply mathematical, statistical, scientific, and social scientific methods to explain natural and human phenomena.
6. Communicate effectively and collaborate thoughtfully as they work together with others to achieve shared goals.

Courses

CORE 100, Cornerstones, 3 Units

This course introduces students to APU's distinctive Four Cornerstones: Christ, Scholarship, Community, and Service. Students explore the overarching Biblical narrative and its shaping influence on a Christian worldview, with a focus on vocation, service, justice, and the communal practices that unite diverse followers of Jesus as a family reflecting God's image. By engaging the Cornerstones, students develop a vision for integrating faith, learning, and service to guide their studies, habits, and relationships, fostering growth and impact at APU and beyond. *Meets the APU Core: Cornerstones general education requirement.*

CORE 101, Cultivating Wellness: Building Habits for Lifelong Well-Being, 2 Units

This course equips students to cultivate sustainable wellness practices. Expert-led content sessions introduce key dimensions of wellness (spiritual, emotional, social, physical, academic, vocational, digital, and financial). Small group discussions and exercises led by faculty/staff Wellness Ambassadors and trained Peer Wellness Guides foster reflection, goal setting, social support, and accountability in an empathetic and nonjudgmental environment. Outside of class, students engage with campus resources and begin to develop new habits. At the end of the course, students create a long-term Wellness Vision Plan that serves as an effective and adaptable guide for their ongoing well-being. *Meets the APU Core: Cultivating Wellness general education requirement.*

CORE 250, Seeking Shalom Seminar, 3 Units

This course helps students develop a holistic vision of human flourishing in society and work out the implications of that vision in relation to a particular challenge in society today. Students refine their conceptions of societal well-being by reflecting on their personal values and those of their family/community, encountering the visions of shalom embedded within the biblical narrative and engaging in civil discourse with others who may prioritize different values. Students become acquainted with the contributions of academic disciplines to an understanding of the societal challenge and then conduct research on a particular aspect. Students assess possible pathways toward flourishing in this realm of society, guided by the evidence and their values. Instruction is provided in how to identify reliable sources and how to draw upon them in writing a research paper. *Meets the APU Core: Seeking Shalom Seminar general education requirement.*

Prerequisite: WRIT 110

CORE 450, Calling and Character Seminar, 3 Units

In this course, students develop a meaningful vision for their future life, work, and character growth in relation to God's mission to redeem His people and creation. Students explore Christian perspectives on calling and consider how key themes explored in their previous Bible and theology courses can help shape a life of faithful service. Students draw on theological and ethical frameworks to assess common issues related to their potential professional endeavors, and engage in spiritual disciplines and reflect on how these intentional practices can cultivate a spirit of love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. *Meets the APU Core: Calling and Character Seminar general education requirement.*

Prerequisite: SOT 250 and senior standing. Students are required to enroll in a section associated with their major unless they receive prior approval from the Director of General Education.

WRIT 110, The Art and Craft of Writing, 3 Units

Writing is a skill that can be practiced and improved. In this course, students learn about writing by approaching it from theoretical, historical, pedagogical, and practical perspectives. Students engage with writing processes, literacies, and genres by reading and writing about research and arguments dealing with all aspects of writing. Students also craft arguments of their own based on their research on the art and craft of writing. *Meets the APU Core: Writing general education requirement.*

Corequisite: WRIT 120 Writing Lab. Writing Questionnaire score of 3 to 6 waives WRIT 120 corequisite.

SOT 150, Understanding the Old Testament: Creation, Covenant, Exile, Restoration, 3 Units

This course is an introductory survey of the Old Testament, with a special focus on its various cultural contexts and genres and the theological themes of creation, covenant, exile, and restoration. The survey is accompanied by deeper engagement with selected books of the Old Testament, including exploration of how those texts are relevant for biblically shaped Christian beliefs and practices. *Meets the APU Core: Understanding the Old Testament general education requirement.*

Prerequisite: CORE 100

SOT 200, Understanding the New Testament: Christ, Redemption, Community, New Creation, 3 Units

This course is a survey of the New Testament, with a thematic focus on some of its key concepts, such as Christ, redemption, community, and new creation. The survey is accompanied by deeper engagement with selected books of the New Testament and how those texts are relevant for biblically-shaped Christian beliefs and practices. *Meets the APU Core: Understanding the New Testament general education requirement.*

Prerequisite: SOT 150

SOT 250, Theology and the Christian Life, 3 Units

This course introduces students to the beliefs of the Christian Church and their implications for Christian living. It grounds these beliefs and practices in the biblical narrative that students explore in Understanding the Old Testament (creation, covenant, exile, restoration) and Understanding the New Testament (Christ, redemption, community, new creation). *Meets the APU Core: Theology and the Christian Life general education requirement.*

Prerequisite: SOT 200

ART 150, Visions of the Good Life, 3 Units

The central theme of this course is "the Good Life"-that is, a life that is meaningful and fulfilling for a human being. To develop a vision of such a life, we will spend time thinking deeply about the kinds of things that are essential for human flourishing: e.g., the care of the soul, family and friendship, freedom, beauty, and meaning. Our reflections will take us through a series of compelling works, both classic and contemporary, by philosophers, poets, novelists, historians, artists, and political leaders throughout time and around the globe. Our study will culminate in a campus-wide reflection on St. Augustine's Confessions, which presents the vision of a Good Life in which human hearts can ultimately find rest. *Meets the APU Core: Visions of the Good Life, Humanities: Fine Arts general education requirement.*

ENGL 150, Visions of the Good Life, 3 Units

The central theme of this course is "the Good Life"-that is, a life that is meaningful and fulfilling for a human being. To develop a vision of such a life, we will spend time thinking deeply about the kinds of things that are essential for human flourishing: e.g., the care of the soul, family and friendship, freedom, beauty, and meaning. Our reflections will take us through a series of compelling works, both classic and contemporary, by philosophers, poets, novelists, historians, artists, and political leaders throughout time and around the globe. Our study will culminate in a campus-wide reflection on St. Augustine's Confessions, which presents the vision of a Good Life in which human hearts can ultimately find rest. *Meets the APU Core: Visions of the Good Life, Humanities: Literature general education requirement.*

HIST 150, Visions of the Good Life, 3 Units

The central theme of this course is "the Good Life"-that is, a life that is meaningful and fulfilling for a human being. To develop a vision of such a life, we will spend time thinking deeply about the kinds of things that are essential for human flourishing: e.g., the care of the soul, family and friendship, freedom, beauty, and meaning. Our reflections will take us through a series of compelling works, both classic and contemporary, by philosophers, poets, novelists, historians, artists, and political leaders throughout time and around the globe. Our study will culminate in a campus-wide reflection on St. Augustine's Confessions, which presents the vision of a Good Life in which human hearts can ultimately find rest. *Meets the APU Core: Humanities: History, Visions of the Good Life general education requirement.*

PHIL 150, Visions of the Good Life, 3 Units

The central theme of this course is "the Good Life"-that is, a life that is meaningful and fulfilling for a human being. To develop a vision of such a life, we will spend time thinking deeply about the kinds of things that are essential for human flourishing: e.g., the care of the soul, family and friendship, freedom, beauty, and meaning. Our reflections will take us through a series of compelling works, both classic and contemporary, by philosophers, poets, novelists, historians, artists, and political leaders throughout time and around the globe. Our study will culminate in a campus-wide reflection on St. Augustine's Confessions, which presents the vision of a Good Life in which human hearts can ultimately find rest. *Meets the APU Core: Humanities: Philosophy, Visions of the Good Life general education requirement.*